

# Sterilising Policy

All feeding equipment, including bottles, teats, lids and spoons, soothers and syringes to be used for babies under 12 months of age must be sterilised.

## Steam Electric Sterilising

- Follow the manufacturer's instructions of how to use the steriliser.
- Wash items to be sterilised in hot soapy water and rinse with cold running water.
- Add water according to manufactures guidelines.
- Place items in the steriliser according to instructions ensuring the opening of bottles and teats are facing downwards.
- Run the cycle as per instructions.
- Once the cycle has run, the equipment will be sterile and safe to use immediately, however items will remain sterile for 3 hours if the lid of the steriliser is not removed.
- The steriliser is kept clean and free from scaling by rinsing after each use.
- **DO NOT** use sterilising tables or solution to clean the unit.

## Cold Water Sterilising

- Cold water sterilising for the cleaning of larger pieces of equipment and toys.
- Wash items to be sterilised in hot soapy water and rinse with cold water.
- Make sterilising solution in accordance with the directions in plastic buckets.
- Place pre washed items into the solution ensuring items are completely immersed.
- According to instructions drain, rinse and dry items or drain and dry items; this depends on manufacturer guidelines.
- Sterilising solution can be used multiple times; check with manufacturing for when to make fresh solution. For example fresh solution every 24 hours.

<b>This Policy was adopted on</b>	17 <sup>th</sup> July 2017
<b>Signed on behalf of the Centre</b>	Fiona Hakin
<b>Date for review</b>	10 <sup>th</sup> July 2018