

# Smoking & Electronic Cigarettes Policy

Children's health and well-being is of the utmost importance for the Centre. Bright Beginnings is a **no smoking environment**. This rule applies to staff, students, volunteers, parents, carers, visitors, contractors etc. Staff and adults in the Centre are positive role models for our children. In order to promote healthy lifestyle we expect staff/adults who chooses to smoke do so out of sight of the Centre and children.

## Staff

- Staff who wish to smoke must leave the Centre and find an area to smoke away from the Centre perimeters
- On re-entry to the setting – please use the stairs instead of the lift as the smell of smoke can linger in the small space.
- On returning to the Centre staff **must** wash their hands - staff must not touch or interact with children until they have done so. Staff must change their clothes. Smoking is not allowed to take place in the clothes in which a member of staff has direct contact with children in.
- Staff who escort children on outings must not smoke when in the company of the children. We also request that parents accompanying Centre children on outings refrain from smoking whilst caring for the children.
- We respect that it is a personal choice to smoke, although as an organisation we support healthy lifestyles and therefore we can help staff and parents to stop smoking by sourcing:
  - Factsheets and leaflets
  - Finding out information of local help groups
  - Provide details of the NHS quit smoking helpline - [www.smokefree.nhs.uk](http://www.smokefree.nhs.uk)
  - Offer information regarding products that are available to help stop smoking
  - Offer in-house support.
- Please consider cleaning your teeth to freshen and remove the smell of smell from your breath.
- Staff **must not** pre-roll cigarettes within the Centre.

Electronic cigarettes **cannot** be used in the Centre. These cannot be recharged within the Centre.

<b>This Policy was adopted on</b>	13 <sup>th</sup> July 2017
<b>Signed on behalf of the Centre</b>	Fiona Hakin
<b>Date for review</b>	13 <sup>th</sup> July 2018